



# College-Montrose Children's Place EarlyON Child & Family Centres



December 2018

*College-Montrose Children's Place EarlyON Child & Family Centres provides safe, stimulating, learning environments for children, parents and caregivers with a focus on: supporting healthy child development, strengthening parenting knowledge and skills, breaking down isolation and fostering mutual aid and peer support.*

## Important Information

**Stroller Parking:** Please park strollers outside, between the ramp and the building (at the front) and remember to bring a lock and cover for your strollers.

**Indoor Shoes:** Please bring indoor shoes if it is wet weather outside. Please bring a pair of socks to wear on the baby mats.

**Maximum Participation:** In order to ensure we are providing families' quality early learning and support services, CMCP EarlyON CFC will limit participation to approximately 100 individuals at any one time.

**Please note** we are a **nut-free, sesame-free** and **scent-free space**.



## Registered Programs:

Note: Registered programs are subject to change. To register call 416-532-8100 or email [dkhambati@cmcp.ca](mailto:dkhambati@cmcp.ca)

- **Nurturing Development:** on-going program to offer extra support to you and your family and provide a quiet space to nurture your child. Every Monday from 10 – 12:30 pm
- **Young Parent Connect:** For Young parents 16-29 yrs. October 4 - December 6, Thursdays 12-2:30pm. Registration required
- **Mat Chat:** Thursday, December 13 9:15 – 10:15. Topic: Picky Eaters

### **Upcoming Program:**

- Living & Learning with Baby: 0 – 6 months, Tuesday, 1 – 3 pm, January 29 - Mar 5, 2019

## Winter Wonderland Celebration

**Saturday, December 8 from 10:30 am – 1 pm**

- Literacy Corner
- Meet and Greet Santa
- Sensational Literacy Circle with Dave Page
- Delicious Brunch (*Please bring a dessert to share*)

To register please call 416-532-8100 or email [dkhambati@cmcp.ca](mailto:dkhambati@cmcp.ca)

College-Montrose Children's Place EarlyON Child & Family Centre Main Site  
180 Shaw St, Artscape Youngplace, LL2  
Toronto, ON M6J 2W5  
Tel: 416-532-9485

Pour Tous Les Francophones: Le Centre francophone de Toronto offer des programmes diversifiés pour vos enfants en français. Centre francophone de Toronto,

555, Richmond St W. Ph: 416-922-2672 ou visitez leur site web au <https://www.centrefranco.org/en/cft/centre-francophone-de-toronto/>

CMCP website: [www.cmcp.ca](http://www.cmcp.ca) Email: [info@cmcp.ca](mailto:info@cmcp.ca)  
Like us on Facebook at <https://www.facebook.com/CollegeMontroseChildrenPlace>

## December 2018

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Snack and Circle Times</b>					
<b>Toddler/Preschool Snack:</b> Tue, Thu, Fri – 10:15 <b>Infant Snack:</b> Tue, Thu, Fri – 11:15 <b>Family Song Circle:</b> Tue, Thu at 2:30 pm <b>Wednesday Snack:</b> 4:30 pm <b>Saturday Snack &amp; Song Circle Time</b> <b>Toddler/Preschool Snack:</b> 10:45 <b>Infant Snack:</b> 11:30		<b>Toddler/Preschool Song Circle:</b> 10:30 <b>Infant Song Circle:</b> 11:30  <b>Wed. Family Song Circle:</b> 4 pm  <b>Toddler/Preschool Song Circle:</b> 11 am <b>Infant Song Circle:</b> 11:45			
					1 10 – 1 pm Play & Learn
3 <b>10:30 – 1:30 pm</b> Liberty Littles <b>10 – 12:30 pm</b> Nurturing Development	4 9 – 3 pm Play & Learn  <b>9 – 10:15</b> Family Science	5 2 – 6 pm Play & Learn	6 9 – 3 pm Play & Learn <b>12:30 – 3 pm</b> Young Parent Connect <b>9 – 11:15</b> Wriggle & Roll	7 9 – 12:30 pm Play & Learn  <b>11:30 – 12:00</b> Family Literacy	8 <b>10:30 am – 1 pm</b> <b>Winter Celebration</b>
10 <b>10:30 – 1:30 pm</b> Liberty Littles <b>9 – 11:30 am</b> Early Abilities <b>10 – 12:30 pm</b> Nurturing Development	11 9 – 3 pm Play & Learn  <b>9 – 10:15</b> Family Science	12 2 – 6 pm Play & Learn	13 9 – 3 pm Play & Learn  <b>9 – 11:15</b> Wriggle & Roll	14 9 – 12:30 pm Play & Learn  <b>11:30 – 12:00</b> Family Literacy	15 10 – 1 pm Play & Learn
17 <b>10:30 – 1:30 pm</b> Liberty Littles <b>9 – 11:30 am</b> Early Abilities <b>10 – 12:30 pm</b> Nurturing Development	18 9 – 3 pm Play & Learn  <b>9 – 10:15</b> Family Science	19 2 – 6 pm Play & Learn	20 9 – 3 pm Play & Learn <b>9 – 11:15</b> Wriggle & Roll	21 9 – 12:30 pm Play & Learn  <b>11:30 – 12:00</b> Family Literacy	<b>Centre Closed for            the Holidays</b>
<p>We are closed for Holidays from December 22<sup>nd</sup> to January 6<sup>th</sup>, 2019.            The centre reopens on Monday, January 7            We wish our participants Happy and Safe Holidays!</p>					

## Program Descriptions

<p align="center"><b>Play and Learn Family Drop In</b></p> <p>Parents/Caregivers and children are welcome to drop in to the program and enjoy our friendly atmosphere. This is a community based program, designed and planned to facilitate family/caregiver support where children and families/caregivers can interact, learn and play together. Families/caregivers have an opportunity to expand their social support networks and strengthen their parenting/care giving skills. Come join us at our drop in!</p>	<p align="center"><b>Family Science</b></p> <p>Beginning September 18<sup>th</sup>, every Tuesday from 9-10:15 am adults and children can enjoy science focused activities together. Explore cause and effect, make hypotheses and discover outcomes. Participate in experiments, incorporate basic math concepts, find science in your everyday routines and have loads of fun in the toddler/preschool room.</p>
<p align="center"><b>Nurturing Development</b></p> <p>This is an interactive on-going program for children and parents/caregivers with specific support needs. The program is designed to offer extra support for you and your child and provide a quiet space to use play to nurture your child's development. Early Abilities and other community agencies will occasionally partner with CMCP to provide resources when needed. Space will be limited to 8-10 families. Registration is required.</p>	<p align="center"><b>Wriggle &amp; Roll</b></p> <p>Wriggle and Roll is a drop-in gross motor program where infants, toddlers and their parents/caregivers can explore a variety of toys and stations on the mats in the infant room. In this interactive program activities are designed to strengthen and develop large muscle groups and encourage engagement in processes of cognitive development.</p>
<p align="center"><b>Early Abilities</b></p> <p>CMCP partners with Early Abilities to provide support services for families who have concerns about their child's speech and language skills. Please call us at 416-532-8100 for more information.</p>	<p align="center"><b>Circle Time</b></p> <p>Join us with your baby/toddler/preschooler and take pleasure in songs, rhymes and stories. Enjoy singing with a diverse group of families in a relaxed environment. Separate Circle Times are held in the morning for Toddler/Preschoolers and for Infants. In the afternoons a "Family Song Circle" for all age groups. Please note that Circle Time has a capacity of 35 children.</p>
<p align="center"><b>Parent Information &amp; Referral Services</b></p> <p>We offer assistance with referrals, questions and accessing community information and resources over the phone and in person. Pamphlets, books and parenting magazines are available in program and can be signed out of our Resource Lending Library for a 2 week period.</p>	<p align="center"><b>Liberty Littles</b></p> <p>This program is run in partnership with Liberty Grace Church and CMCP at 25 Liberty St. This is an outreach program to serve that community, designed and planned to facilitate family/caregiver support where children and families/caregivers can interact, learn and play together. Families/caregivers have an opportunity to expand their social support networks and strengthen their parenting/care giving skills. Come join us at our drop in!</p>
<p align="center"><b>Young Parent Connect</b></p> <p>The "Young Parents Connect" is an opportunity for young parents (aged 16-29) and their children (aged 0-6 years) to come together to share, create and learn. This program will focus on culinary art and parenting skills workshops. Lunch, TTC tokens, Food Vouchers and Childcare will be provided. Registration Required.</p>	<p align="center"><b>Snack Time</b></p> <p>We serve delicious and nutritious snacks to children every day in both the Toddler/Preschool and Infant programs. Children try a variety of new snacks, while building language and social skills during this activity. Snacks provided by CMCP are free of tree nuts, peanuts and sesame seeds. However, we cannot guarantee that donated snacks are nuts and sesame seed free.</p> <p align="center"><b>Snack donations from participants are encouraged and appreciated</b></p>

## EarlyOn Child & Family Centres Satellite Locations

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>St Alban's Boys &amp; Girls Club</b> 9:30 – 12:30 Family Drop In	<b>St Alban's Boys &amp; Girls Club</b> 9:30 – 12:30 Family Drop In  <b>Cecil Community Centre</b> 10 – 1 Family Drop In  <b>TCCSA</b> 10 – 12 Melody ABC 1 – 5 Family Drop In	<b>St Alban's Boys &amp; Girls Club</b> 9:30 – 12:30 Family Drop In  <b>Waterfront Neighbourhood Centre</b> 1 – 3 Baby Drop In 5 – 8 Family Drop In	<b>St Alban's Boys &amp; Girls Club</b> 9:30 – 12:30 Family Drop In  <b>Cecil C.C.</b> 10 – 1 Family Drop In	<b>St Alban's Boys &amp; Girls Club</b> 9:30 – 12:30 Family Drop In  <b>Waterfront Neighbourhood Centre</b> 1 – 3 Baby Drop In  <b>TCCSA</b> 10 – 12 & 1-3 Family Drop In	<b>St Alban's Boys &amp; Girls Club</b> 9:30 – 12:30 Family Drop In  <b>Cecil Community Centre</b> 10 – 1 Family Drop In

**Main Site:** 180 Shaw St 416-532-8100

### Satellites Sites

Cecil Community Centre 58 Cecil St 416-392-1090  
 Waterfront Neighbourhood Centre 627 Queens Quay W 416-392-1509  
 St Alban's Boys & Girls Club 843 Palmerston Ave 416-543-8461  
 Toronto Cross Cultural Services Ass. 302 Spadina Ave, #206 416-977-4026

### Other CMCP Sites:

St Helen at Mary  
 McCormick Recreation  
 66 Sheridan Ave 416-533-2829  
  
 Gooch Family Resource Program  
 3735 Dundas St West 416-358-0031

***Our programs will be closed for holidays on the following days***

***Main Site: Closed from Sat Dec 22 to Sun Jan 6***

***The Satellites are closed for holidays as follows:***

***ST Alban's Boys & Girls Club: Closed for holidays on Dec 24, 25, 26, 29 and Jan 1, 2019***

***Cecil Community Centre: Closed on Dec 25 to Jan 1, 2019***

***Waterfront Neighbourhood Centre: Closed Dec 25 – Jan 1, 2019***

***Toronto Cross Cultural Services Association: Closed Dec 25 – Jan 1, 2019***