


College-Montrose Children's Place

Gooch FRP

January 2019

Monday	Tuesday	Wednesday	Thursday
<u>Snack & Circle Time</u> Nutritious Snack Mon to Thu 10:30 – 10:45 am Song & Rhyme Circle Mon to Thu 10:45 – 11:15 am		<u>Parent Relief</u> Tue to Thu 9:30 – 2:30 pm	
7	8	9	10
Lambton Park Community School 9:00-2:30 EarlyON Play & Learn Family Drop-in	3735 Dundas West 9 – 3 Play & Learn Family Drop In	3735 Dundas West 9 – 3:00 Play & Learn Family Drop In 10:45 – 11:30 Reading Time with the Librarian 1 – 3 pm Baby Time	3735 Dundas West 9 – 3 Play & Learn Family Drop In
14	15	16	17
Lambton Park Community School 9:00-2:30 EarlyON Play & Learn Family Drop-in	3735 Dundas West 9 – 3 Play & Learn Family Drop In 10 am Visit by Public Health Nurse	3735 Dundas West 9 – 3:00 Play & Learn Family Drop In 1 – 3 pm Baby Time	3735 Dundas West 9 – 3 Play & Learn Family Drop In
21	22	23	24
Lambton Park Community School 9:00-2:30 EarlyON Play & Learn Family Drop-in	3735 Dundas West 11 – 3 Play & Learn Family Drop In	3735 Dundas West 9 – 3:00 Play & Learn Family Drop In 1 – 3 pm Baby Time	3735 Dundas West 9 – 3 Play & Learn Family Drop In
28	29	30	31
Lambton Park Community School 9:00-2:30 EarlyON Play & Learn Family Drop-in	3735 Dundas West 11 – 3 Play & Learn Family Drop In	3735 Dundas West 9 – 3:00 Play & Learn Family Drop In 1 – 3 pm Baby Time	3735 Dundas West 9 – 3 Play & Learn Family Drop In

All our Programs are FREE of Cost.
 For more information please call 416-358-0031 or 416-532-8100 for main site or
 visit our website at www.cmcp.ca

Programs

Play & Learn Family Drop In

Parents/Caregivers and children are welcome to drop in to the program and enjoy our friendly atmosphere. This is a community based program, designed and planned to facilitate family/caregiver support where children and families/caregivers can interact, learn and play together. Families/caregivers have an opportunity to expand their social support networks and strengthen their parenting/care giving skills. Come join us at our drop in!

Rhyme & Song Circle

This program introduces pre-reading and early literacy through songs, rhymes and stories. Enjoy singing and reading together with a diverse group of families in a relaxed environment.

Parent Relief/Occasional Child Care

We offer temporary child care services for a negotiated time. Children are provided with a safe, warm and nurturing environment where they can interact and fully participate in early year's activities.

Baby Time

Parents and caregivers with infants 0-12 months are invited to join us in the infant area every Wednesday afternoon to spend time you're your baby, connect with others and learn some songs and rhymes. Once a month we will cover specific topics of interest in a Mat Chat.

La Leche League Breast Feeding Support Group

The second Wednesday of each month during Baby Time we will hold a breastfeeding support group with a certified La Leche League leader. No pre-registration required.

Visit with the Public Health Nurse

The Public Health Nurse will come to the drop-in and give information on various topics regarding healthy child development. Families will also have the opportunity to ask questions and discuss with her any aspects of health, child development, and Toronto Public Health services.

Locations:

Lambton Park Community School

50 Bernice Crescent

Monday

EarlyOn Play & Learn Family Drop In

9 – 2:30 pm

Gooch Family Resource Program

3735 Dundas Street West, buzz 244

(In the Rec Room of the apartment

building. Major intersection is

Dundas St. W. and Scarlett Road)

Drop In 9:00 – 3 pm

Tues to Thurs

